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## CELEBRATION OF CULTURE

Students speak of hope and support on World Hijab Day **metroNEWS**

University of Manitoba student Raya Zirgo fixes fellow student Irene De Lemos's hijab on Wednesday. DANIELLE DOIRON/FOR METRO

**GROWTH FEE SECRECY**  
Why this expert calls information laws 'overbroad'

**'OUR PLACE OF PEACE ... WE'LL NEVER FEEL THE SAME'**  
Heartbreaking return to Quebec City mosque

**metroNEWS**

**VICKY MOCHAMA WHEN PIGSKIN TACKLES POLITICS**

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## 'So much love and positivity'



University of Manitoba students and faculty celebrate World Hijab Day at the university on Wednesday. DANIELLE DOIRON/FOR METRO

### TOLERANCE

## Students celebrate World Hijab Day in style

**Danielle Doiron**  
For Metro

The University of Manitoba looked a little more colourful than usual on Wednesday — and it wasn't just because the sun was out. Dozens of students tried on hijabs for the first time and wore them around campus as part of World Hijab Day.

Maryam Razzaq, the U of M Muslim Student Association (MSA) secretary, helped people try on the brightly coloured headscarves in

University Centre.

"We're here to clear up misconceptions," Razzaq said. "Islam means peace. We're just here to show that we're normal human beings. We're students here. I was born in Canada. We have the same values."

World Hijab Day fell just days after a shooter opened fire on a Quebec City mosque, killing six people on Sunday night. Razzaq said since then, people have come up to her with messages of hope and support. One of her professors even pulled her aside after class to make sure she was okay.

"I was feeling very overwhelmed on the day it happened, but we've had so much love and positivity," she said. "Even though the attacks were horrific, so many people have come together with love and respect and solidarity with our

community, and I think it's really brought the communities of Winnipeg together. We've had so much love and care that my heart is so full."

"(The attack) won't stop me from being a proud Canadian. I'm unapologetically Muslim, and I'm unapologetically Canadian."

Yazan Hammad, the MSA facility manager, said he hopes the event helped show people what Islam and the hijab are really about.

"We're raising awareness about it. We're celebrating it," he said. "Our message is that women have the choice. They're the ones who choose to wear it or not. We're trying to show that Muslims are part of this society. We're like everyone else. We're humans. We live life like other people do."

The MSA invites everyone

### + PARTICIPATE

Students, staff and faculty are gathering to discuss recent events that have rocked the Muslim community: the fatal shooting at a Quebec mosque on Sunday night and the U.S. travel ban on citizens from seven predominately Muslim countries.

Anyone is encouraged to participate in the discussion. It runs from 10 a.m. to 11 a.m. in the Frederic Gaspard Theatre on Thursday.

who wants to learn more about Islam to visit the mosque on campus and ask questions.

## On the hijab

We asked students at the University of Manitoba to weigh in on the symbolism of the hijab, in light of recent events that have rocked the Muslim community here and abroad.

DANIELLE DOIRON FOR METRO



ALL PHOTOS: DANIELLE DOIRON



I was just walking by, and I saw the stand. I've always wanted to see what it would feel like, just because

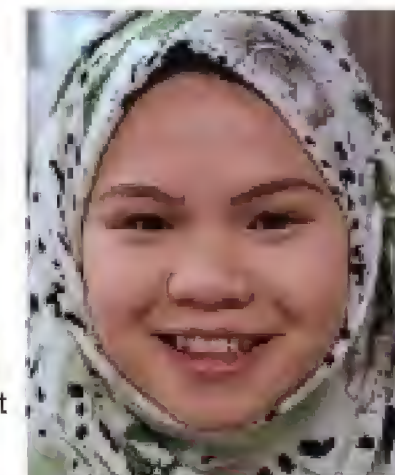
I have lots of hair. I thought it would be really cool to see how they would (cover it). ... I know a lot of people in the university who are more than supportive of the Muslim community. It just shows not all people are like (the Quebec shoot Quebec shooter).

Ashley Saulog



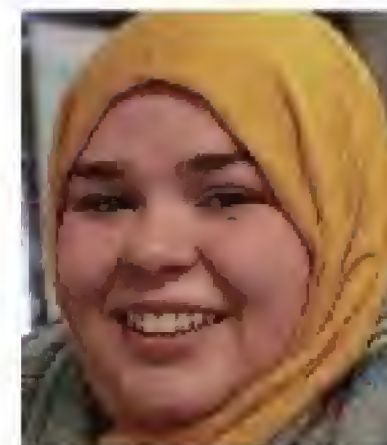
It's really nice how they have different styles. It feels nice to have on. We want to show them that we don't support any hate against any religions. We are Canadians, and we want to show them that we do accept everybody here in Canada, no matter what their religion, colour or gender is. I think standing up and showing support really helps their community.

Irene De Lemos



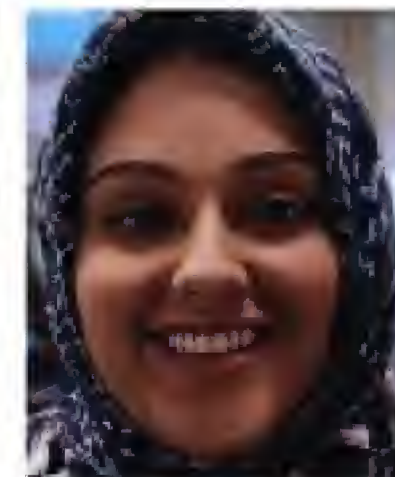
I think it's pretty cool. I saw it on Instagram and thought it was something cool to try. There's not a big difference. There should be awareness. For them to be out here, trying to erase that stigma, I think it's pretty great.

Leanne Topp



I'm a huge supporter of our Muslim population here on campus. It's an ever-growing population. They're super involved. I'm really proud of the MSA, especially with recent events going on. I think it shows how much love and support we have on our campus, and I'm really proud to encourage diversity and celebrate diversity on our campus.

Tanjit Nagra





DEVELOPMENT

## City quiet on growth fees talks



**Stephanie Taylor**  
Metro | Winnipeg

The confidential discussions between senior bureaucrats and the mayor's office about bringing growth fees to Winnipeg will remain just that — secret.

Metro recently obtained a package of all email correspondence between the mayor's office and members of the public service in regards to impact fees or growth fees from Jan. 1 to Oct. 27, 2016 under Manitoba's Freedom of Information and Protection of Privacy Act.

The city cited two sections of the legislation that allow for access to be denied, which was explained more thoroughly in 12 pages that gave a rationale for each specific refusal.

Besides keeping solicitor-client information confidential, the city said many of the other lines were advice or recommendations to a public body, so it would not be publicly released.

"This exception is intended to ensure that full and frank consultations and deliberations continue to take place among employees," reads a document.

The province last reviewed the act in 2004, with amendments taking effect in 2011. Another legislative review must happen by 2021.

"The government of Manitoba is committed to upholding the public's access to information. As such, a regular review of both The Freedom of Information and Protection of Privacy Act (FIPPA) and The Personal Health Information Act (PHIA) is underway," said Rochelle Squires, Minister of Culture, Heritage and Sport. "The province is working to ensure that the legislation accurately reflects updates in technology while still ensures both the protection of privacy and reasonable access to information."

# Researchers aim to stop child porn distribution

TECHNOLOGY

## Students are designing software that flags content



**Michelle Bailey**  
For Metro | Winnipeg

Two researchers from the University of Manitoba are developing technology aimed at blocking images of child sexual abuse before those images can infiltrate the Internet.

Computer engineering students Mehrdad Hosseinzadeh and Binglin Li are working with Two Hat Security Ltd. out of Kelowna, B.C. to create cutting-edge artificial intelligence software to accurately identify and intercept pictures and prevent distribution.

"It's using technology to fight technology," said Brad Leitch, Two Hat Security's lead on what has been dubbed "Project Cease."

"When you look at how much new content is being uploaded to the Internet, the statistics are scary," Leitch said. "With video cameras virtually on the hips of everyone in the form of phones, it has become even more of a challenge for law enforcement and child protection agencies to keep up."

"Project Cease" is supported by Mitacs, a national, not-for-profit organization that designs and delivers research and training programs in Canada using government funding.

Hosseinzadeh said he and his research partner are thrilled to be involved with such a



Doctoral students Binglin Li and Mehrdad Hosseinzadeh are working on a child pornography detection project at the University of Manitoba. DAVID LIPNOWSKI/FOR METRO

**“The more technology we have available to combat child sexual abuse, the better. Lloyd Richardson**

"groundbreaking" project. He also admits there are some known hurdles they must face.

"It's going to be a little bit tricky because it's against the law for us to view the actual content that we are training com-

puters to identify," he said. "We are confident we can produce this very important software tool, but we are sort of doing it with blinders on."

The end goal is to have this software tool proactively stop

someone from uploading child sexual abuse material. For example, it will be possible for the software to send a warning that the image they are about to upload from their phone, tablet or computer is inappropriate or illegal.

Lloyd Richardson, IT director for the Canadian Centre for Child Protection, said this technology will be a great compli-

ment to a new tool they recently launched called "Project Arachnid." The automatic web crawler detects images and videos by analyzing digital information.

"The more technology we have available to combat child sexual abuse, the better," Richardson said. "And to be able to find images before they can even make it on the Internet is a huge win."

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**WELCOME  
NEW CANADIANS**

Retired Mountie Dave Yatkowski adjusts young Parth Divya's tie, with mom Divya Pahwa nearby. Originally from India, the Divyas became Canadian citizens at the Manitoba Legislative Building Wednesday.

DAVID LIPNOWSKI/  
FOR METRO WINNIPEG

**COURTS**

## Hells Angel member gets four-year sentence

A member of a biker gang has been sentenced to four years in prison for an attack on a 14-year-old Winnipeg boy and his uncle.

Rod Sweeney was found guilty of aggravated assault and assault with a weapon for attacking the two with a metal bar.

The attack in August 2013

left the boy's arm broken in two places.

The Crown prosecutor asked the judge to sentence Sweeney to four years in prison, while the defence wanted an 18-month provincial sentence, followed by up to three years of probation.

Sweeney, 48, was a full-patch member of the Hells Angels

when he attacked the teen and his uncle as they rode by his house on bicycles.

The Crown argued Sweeney has shown a "complete lack of remorse" over the incident, which was unprovoked, and had a "significant emotional and physical impact" on the victims.

The Crown said the boy's

uncle was teaching him how to ride a bike. The boy hadn't learned at a younger age because he had been diagnosed with leukemia, the Crown said.

Sweeney has nine prior convictions for offences including assault, uttering threats and weapons charges, the Crown said. THE CANADIAN PRESS

# Boost for education

**PUBLIC SERVICE**

## Tories increase funding \$13.1M but NDP argues it's not enough

The Manitoba government is increasing funding to education by one per cent.

The Progressive Conservative government announced the \$13.1-million increase on Wednesday.

Last year, the government gave a 2.55 per cent increase.

Education Minister Ian Wishart made the announcement after kicking off I Love To Read Month at a local school.

The total education budget is more than \$1.3 billion.

Wishart says a priority will be to improve outcomes in literacy, math and science, subjects in which Manitoba students struggle against national classmates.

He also says money will be redirected to meet those out-

comes, but where it will come from is not yet known.

Wishart also says they want to hold off on announcements until the current school year is over.

"The message we're trying to get out is that we certainly appreciate school boards showing some moderation in their requests, trying to be careful with their dollars, trying to find some efficiencies," he said.

NDP education critic Wab Kinew says the funding is not adequate and will hurt students by making it tougher for teachers to offer the high-quality education families expect and deserve.

"The world is changing and we need to prepare students for the jobs and society of the future, which means we need to invest more in education, not less," Kinew said.

"But today, the Pallister government has said it will give public schools millions less than they will need to keep up with inflation and rising costs."

THE CANADIAN PRESS

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# A heartbreaking return to mosque

QUEBEC CITY

## Praying will not be the same, attendants say

Three Muslims returned to the Centre Culturel Islamique de Québec before dawn Wednesday for morning prayers, kneeling on carpets still blood-stained from the attack that took place.

The shoes of the six men shot dead were still at the entrance. Bullet holes pierced the walls. Blood stains blenished green and beige carpets.

Hearing it was reopened, members of the congregation trickled in slowly to see their place of worship forever changed.

"It's not the same feeling that I had felt (for this mosque)," Amel Henchere said between sobs. "Before the drama this was our place of culture, our place of peace ...



Blood stains are shown inside a Quebec City mosque on Wednesday. JACQUES BOISSINOT/THE CANADIAN PRESS

we'll never feel the same."

She added that it was important for her to come back to her community space, despite the grief, to fight her fears.

"It's hard for all of us to come back here and pray," agreed Ahmed Elrefai, who said there were three worshippers in attendance. "But people are urging

us to open as soon as possible. So we prayed, even with the blood on the floor."

A prayer mat and toppled microphone lay at the front of the room, soiled with blood and surrounded by broken drywall from the bullet holes that pierced the walls. Bloodstains trail down stairs into the basement, where

“

**Before the drama this was our place of culture, our place of peace.**

Amel Henchere

victims went into hiding after they had been shot.

Everything will change here, said Samir, who declined to give his last name, but administers the mosque's Facebook page.

Samir said police returned the keys to the congregation late Tuesday night. While the mosque is now open, he said that he doesn't believe the congregation will pray the same way again, with their backs to the door.

"We have fear behind us," he said. "I don't know how we will be able to turn our backs on that ... We have to find a way to protect ourselves." TORSTAR NEWS SERVICE

IDENTITY

## Survey asks what it takes to be 'one of us'

Who is a "true Canadian?" For the majority of respondents in a new survey, it's somebody who not only speaks English or French but also "shares Canadian customs and traditions" — a marker that Canadians prioritized more than even the Australians, French or Americans.

With an eye on nationalist movements and rising anti-immigrant sentiment, the Pew Research Center surveyed more than 14,500 people in 14 countries by asking: What does it take to be "one of us?"

In a report released Wednesday, Pew researchers found language was the most critical factor for how people defined a "true" member of their nation, with the Netherlands, Hungary and United Kingdom placing the highest premium on it.

Canadians and Italians were the least likely to link language with national identity. But in Canada, 54 per cent of 1,020 respondents placed a high premium on shared "customs and

traditions" when defining the Canadian identity.

In Canada, 54 per cent of 1,020 respondents also placed a high premium on shared "customs and traditions" when defining the Canadian identity, with only Hungary, Greece and Poland showing larger proportions of people who prioritized shared culture — something that "jumped out" for Bruce Stokes, the author of the report.

"For whatever it means, Canadians seem to value customs and traditions more so than even people in the U.S. or in many of the European countries," said Stokes, director of Global Economic Attitudes with the Pew Research Center, a non-partisan think tank based in Washington, D.C.

Like all polls, this one has important limitations, including the fact the nebulous phrase of "national customs and traditions" was not defined and left for individual respondents to interpret.

TORSTAR NEWS SERVICE

54%

More than half of Canadians said "customs and traditions" are of high importance for our identity.

## 150 WAYS of looking at Canada

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# Black History Month talk all about Trump

## POLITICS

### President discussed evils of media and own triumphs

Happy Black History Month, everyone. Have you heard about the greatness and persecution of Donald J. Trump?

The president of the United States held an "African-American History Month listening session" in the Roosevelt Room of the White House on Wednesday. He began with a five-minute monologue that was more about himself — his campaign, his popularity, his alleged mistreatment by the media — than it was about African-Americans.

"OH. MY. EFFING. GAWD. Trump's Black History Month speech is an abomination," Sil Lai Abrams, author of the book *Black Lotus*, wrote in a representative post on Twitter.

Trump's remarks bore no resemblance to the Black History Month speeches of Democrat Barack Obama, the first black president, nor did they resemble those of Republican George W. Bush. Trump appeared more interested in the evils of the media and triumphs of his own.

His third paragraph, for example, started with a lone sentence about the Rev. Martin Luther King Jr. It was followed by 10 sentences of media criticism.

Trump said King's "incredible example is unique in American history." Immediately, he pivoted to his oft-repeated gripe about a Time reporter's erroneous claim — which the reporter quickly corrected and apologized for — that he had removed a King bust from the Oval Office after moving in.

"You read all about Dr. Martin Luther King a week ago when somebody said I took the statue out of my office. And it turned out that that was fake news," Trump said. TORSTAR NEWS SERVICE



President Donald Trump holds an African-American History Month listening session in the Roosevelt Room of the White House on Wednesday in Washington, DC. AFP/GETTY IMAGES



## GLOBAL DIGEST

### UNITED KINGDOM

#### Brexit inching closer

Britain moved closer to leaving the European Union Wednesday as lawmakers backed a bill authorizing divorce proceedings and kept alive the government's plan to trigger Brexit talks within weeks.

The House of Commons

decisively backed the bill by 498 votes to 114, sending it on for committee scrutiny.

The result was a victory for the Conservative government, which had fought in court to avert the vote out of fear Parliament would impede its Brexit plans. THE ASSOCIATED PRESS

### IRAN

#### U.S. puts Iran 'on notice'

The White House issued a cryptic warning Wednesday that the U.S. will act against Iran unless it stops testing ballistic missiles and supporting Houthi rebels in Yemen, but declined to say what retaliatory actions the U.S. would pursue.

Michael Flynn, President Donald Trump's national

security adviser, forcefully denounced Iran's behaviour in his first public remarks since Trump took office.

He accused Iran of threatening U.S. allies and spreading instability throughout the Middle East while faulting the Obama administration for doing too little to stop the Islamic Republic. THE ASSOCIATED PRESS

### YEMEN

#### Trump makes surprise trip to honour fallen Navy SEAL

Assuming the sombre duties of commander in chief, President Donald Trump made an unannounced trip Wednesday to honour the returning remains of a U.S. Navy SEAL killed in a weekend raid in Yemen. Chief Special Warfare

Operator William "Ryan" Owens, a 36-year-old from Peoria, Illinois, was the first known U.S. combat casualty since Trump took office. More than half a dozen militant suspects were also killed in the raid on an al-Qaida compound. More than a dozen civilians were also killed in the operation. THE ASSOCIATED PRESS

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## VICKY MOCHAMA

### Face it: Politics and pigskin come as a pair

For the first time, I'm ever-so-slightly cheering against my own team. I am a New England Patriots fan and even I have to admit this amounts to being a Trump supporter.

In late 2015, a reporter noticed that Patriots quarterback Tom Brady had a Make America Great Again hat in his locker. When asked if he thought Trump would make a good president, Brady said, "I hope so. That would be great." He has since been banned from talking about politics by his wife, Gisele Bündchen.

Despite what Gisele wants, football is inseparable from politics and always has been. From the civil-rights actions of players in the '60s to today's issues around domestic violence and concussion science, the politics of the pigskin reflect the politics of the day.

The Patriots are owned by Robert Kraft, an ardent Trump supporter. And head coach Bill Belichick, though unwilling to say it out loud, is enough of a fan that he sent Trump a letter of support. The man barely speaks to media; what is he doing writing a whole letter?

When I would explain where the Patriots fandom lies in the football landscape, I used to say, "It's like cheering for Scar in the Lion King." Since the team's leadership is firmly pro-Trump and bound for another Super Bowl, I'll probably add, "Now imagine if Scar won the Electoral College but not the popular vote."

As a black person, I can't even believe I'm in the position of cheering for a team so white they have men in

Minutemen regalia who fire muskets at the end of a touchdown.

I get even more distraught when thinking about the opposing team: the scrappy Atlanta Falcons. Where the Pats are rooted in white Bostonian culture, the Falcons are a reflection of Atlanta's rich black life. Michael Vick, a former quarterback, wrote for *Players*, "... it meant a lot to me to be able to give the black kids of Atlanta their very own black quarterback."

Arthur Blank, the Falcons' owner, is noted for his philanthropy and generosity to Democratic Party causes. He's also Jewish, and recently criticized Trump for omitting Jews from his Holocaust remembrance message.

There's not even a break from politics during commercial breaks. Budweiser's Super Bowl ad shows the immigrant origin story that led to the creation of beer giant Anheuser-Busch InBev. (InBev came much later via mergers and acquisitions. I look forward to that commercial.) A handful of others carry a political message: KIA would like you think about the environment. Audi has some questions about gender equity (the answer is: buy an Audi); even GoDaddy winks at women in tech.

In its loud, contradictory and hyper capitalist way, the Super Bowl distills the complicated nature of our politics. Every day we vote with our choices. So sometimes, in cheering for the Patriots, I, like many, find myself rooting against my interests.

## CHANTAL HÉBERT ON THE PM'S BROKEN PROMISE



**It is fair to ask whether Trudeau was ever serious about keeping his word to Canadians (on electoral reform). From day one, his government's actions never matched his words.**

As recently as his town hall tour Trudeau was insisting that he was still interested in changing the voting system.

In early December, the prime minister similarly told the Star editorial board that he remained committed to having a new system in place by 2019.

"I make promises because I believe in them... Canadians don't expect us to throw up our hands when things get difficult," he proclaimed.

But things, as it turned out, never had a chance to get difficult.

For it is fair to ask whether Trudeau was ever serious about keeping his word to Canadians. From day one, his government's actions on the file never matched his words.

With a clock ticking on the logistical feasibility of replacing the first-past-the-post system in time for 2019, it took months for a special parliamentary committee to be set up.

Once it was in place, the government never advanced a position or tried, in any way, to craft the consensus that it now says it has failed to find.

For months on end, the opposition parties and Canadians alike were left to try to divine Trudeau's thinking.

At times, it was as if the Liberals were going out of

their way to ensure that no pattern could be discerned in the tea leaves they purported to be guided by.

They rejected both the notion of putting various options to a consultative

that they were taken for a yearlong ride, and it is hard to disagree with them.

As the sole elected MP of her party, Green leader Elizabeth May did double and triple duty last fall to

to act as irritants in dealing with the new White House. The plan to legalize marijuana comes to mind.

The election of Donald Trump has brought about a major reallocation of government resources on Parliament Hill. But it would be easier to find virtue in the government's timing if it had shown one ounce of political will to fulfil its promise in the full year that preceded the American election.

Or if Trudeau had not continued to maintain he still meant to go through with changing the voting system months after Trump's victory.

The prime minister could have come to Canadians this week to say he had underestimated the time required to reform the system and that he needed to push back the deadline for achieving his goal beyond 2019. But Wednesday's announcement was about pulling the plug on the plan, not about recasting it.

Canadian voters are a forgiving lot. The assumption by Liberal government strategists that most will not be inclined to punish Trudeau for breaking a promise that never ranked high in the electorate's list of priorities is probably right.

After all, a plurality of Canadians did not hold it against Jean Chrétien that he broke the more central promise to replace the GST.

There are parallels. Both commitments were shiny Liberal platform objects that turned out to be little more than cheap props. Plus ça change!

**Chantal Hébert** is a national affairs writer. Her column appears in Metro every Thursday.



**PLUS ÇA CHANGE** The Liberals' retreat on electoral reform echoes Jean Chrétien's abandonment of his vow to replace the GST, Chantal Hébert writes. ADRIAN WYLD/THE CANADIAN PRESS

referendum or of asking Canadians for their preference in the massive online consultation they engaged in at the end of last year.

In politics, a consensus is not like a rare mushroom only to be found by an extraordinarily lucky hunter. In any event, in this case, the government seemed more concerned with burying any hint of a consensus than unearthing one.

It is true that the exercise did not elicit much appetite for a ranked ballot, Trudeau's preferred alternative to the first-past-the-post system. But then it is not as if the government even tried to make a case for it.

The opposition parties feel

participate in the process. Electoral reform is a long-standing priority of her party. On Wednesday she said she had never felt so betrayed by a government.

For his part, the NDP's Nathan Cullen called the prime minister a liar.

Expect parliamentary co-operation, going forward, to be hard to come by.

There are those who will argue that Trudeau is wise to walk away from his electoral reform promise as he needs to clear the decks to focus on the Canada/U.S. front.

But then one could make that same pronouncement about many other Liberal commitments including some that are more likely

**The government seemed more concerned with burying any hint of a consensus than unearthing one.**

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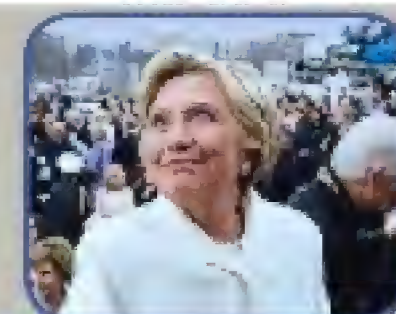
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## A GUIDE TO TELEVISION ZOMBIES

The Walking Dead's return is a week away, but here's something to sate your appetite, zombie fans: **Netflix's Santa Clarita Diet**, dropping Friday. Drew Barrymore's suburban realtor mom with a gory secret is the latest addition to the ever-growing roster of TV's undead. **Here's a primer on five shows to catch this year with varying degrees of humour, heart and braaaaaains.** Minor spoilers follow. **EVA LAM/METRO**

### The Walking Dead (AMC)

**What's the zombie science?:** The z-word is never used; biter, the infected and, oddly, geek are other sobriquets. Every human is infected with a virus that reanimates them after death, unless the brain is destroyed. We may never know the whole story; creator Robert Kirkman said defining the outbreak's origins isn't a priority. **How traditional are the zombies?** Like the gold-standard Romero zombie, walkers are relatively slow and not terribly intelligent. While the undead present a very real danger, TWD's various human villains drive home the message that Man Is The Real Monster, which makes this series ideal for fans of: Night of the Living Dead, 28 Days Later. Mid-S7 premieres Feb. 12.



### Z Nation (Syfy)



**What's the zombie science?** The Centers for Disease Control-dubbed ZN1 virus is responsible for turning the world into a zombie wasteland, and as with TWD, only brain trauma can kill a victim. A sole human, a prisoner named Murphy, appears to be immune to infection three years after the initial outbreak. **How traditional are the zombies?** Hey Walking Dead, Z Nation sees your melted walkers and raises you irradiated zombies and zombie-plant hybrids.

Aside from these fancy outliers that appear in a few episodes, the zombies of Z Nation are generally faster than those of TWD, especially when they are "fresh." And without giving too much away, did someone say zombie telepathy? **For fans of:** Resident Evil, From Dusk Till Dawn. S4 premieres later this year.

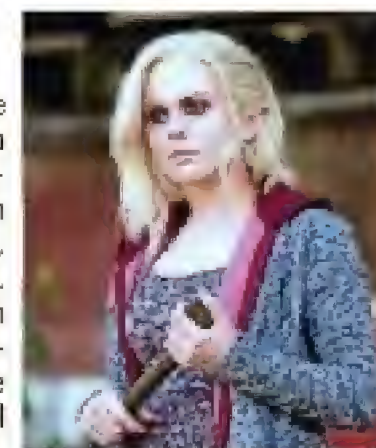


### Santa Clarita Diet (Netflix)

**What's the zombie science?** Drew Barrymore's Sheila Hammond has an epic pukefest, dies and wakes up craving tasty human flesh. The "why" isn't entirely clear but hey, on to the wacky hijinks. **How traditional are the zombies?** Sheila's no shambling, dead-eyed ghoul. She resurrects with heightened energy and confidence; as she perkily tells her concerned yet supportive husband Joel, she may eat people but she "can also parallel park in one move now." **For fans of:** Dexter, United States of Tara. Series premieres Feb. 3

### iZombie (The CW)

**What's the zombie science?** This is one sports drink that should come with a whopper of a warning: The popular in-universe Max Rager beverage, taken in combination with a street drug, has the side effect of zombie-ism. Humans can also be turned through sexual contact or a scratch, the latter being how our hero Liv Moore becomes iZombie. **How traditional are the zombies?** Liv craves brains, and if she goes without for too long she becomes dumber and more aggressive. Liv finds a steady source of non-living brains through her job at the medical examiner's office. Each brain she eats gives her the person's memories and personality for a short time, and like an undead Nancy Drew she uses her newfound powers to help solve the person's murder. **For fans of:** Veronica Mars, Dead Like Me. S3 premieres April 4.



### Glitch (Netflix)



**What's the zombie science?** The mystery behind the resurrection of a group of strangers in the fictional Australian town of Yoranna is a major plot point. Hints are dropped about the involvement of a shady pharmaceutical company as a police officer and a doctor investigate the events. **How traditional are the zombies?** The risen notably do NOT crave brains and other than some initial confusion and amnesia appear to be in perfect health, whether they've been dead for two years or 200, with all their original personality and skills, including, in one character's case, playing the piano. They're preoccupied with all-too-human matters like love triangles and estate disputes. **For fans of:** The Returned, The OA. S2 premieres later this year.

### OPINION

## Queen Bey could lift veil on mom issues

**Melita Kuburas  
and Genna Buck**  
Metro Canada

Beyoncé is about to become an even busier mom: The superstar announced Wednesday she is pregnant with twins, expanding her family with husband Jay Z and daughter Blue Ivy.

Beyoncé is known for her activism — she has sampled a rousing speech on feminism by writer Chimamanda Ngozi Adichie in *Flawless*, criticized police brutality, and also campaigned

for Hillary Clinton. So here are four critical maternal-health causes that could benefit from having Queen Bey sprinkle her unique influence and impact on them:

#### 1) Global maternal health

The number of maternal deaths globally per year has gone down an astonishing 45 per cent since 1990, even as the population grew by 2 billion people. But that progress is fragile, and could be jeopardized by the strict conditions President Trump has ordered upon U.S. family planning

funding in the developing world.

#### 2) Vaccination

Celebrity support — mostly from Z-listers like Jenny McCarthy — has fanned the flames of anti-vaccination conspiracy theories, lending them legitimacy and leading to real-world consequences, like the resurgence of measles and whooping cough in North America. One Instagram photo of Bey and the twins getting their shots could help turn the crazy train around.

#### 3) Parental leave

The United States is still the only industrialized country with no guaranteed paid maternity leave. Queen Bey could use her privileged position to advocate for women — especially low-income and minority women — who get by with a whole lot less.

#### 4) Breastfeeding

The pressure to conform to "breast is best" ideology because of breastfeeding's health benefits has led to a brutal battle in the ongoing mommy wars. If Beyoncé opened up about her own nursing, or made a point

to support women no matter how they choose to feed their babies — she could go a long way to healing the rift.

Yes, we recognize this multi-hyphenate woman will have a lot to worry about with a new brood and thriving career. But on Instagram she has already shown she celebrates the beauty and power of a pregnancy, so we think Beyoncé would approve of using this opportunity as another reminder of women's health, and how it's under threat by the current American presidency.



**Beyoncé announced her pregnancy on Instagram.**



# Boosting your financial spirits

## YOUR MONEY

**With some easily applied steps, you can return to the investing game**

Liz Bruckner

We get it: saving can be hard. Factor in the skyrocketing cost of basic life necessities, and it's little wonder that a growing number of Canadians have a less-than-positive outlook about their financial futures.

"As a society, there's been a shift in terms of what is and isn't affordable," says Lisa McConnell, a financial advisor for Sun Life Financial. "Job security isn't what it was, health benefit packages are becoming scarce, and expenses are continually on the rise. It's fair to say that people feel like they can't bank on the future as they have in the past."

Case in point: A survey from 2007 cited 37 per cent of Canadians anticipating that would not be able to afford their lifestyle in 2017. Fast forward to today, where a follow-up study found that 37 per cent of participants felt they've had to cut back on purchases, and an additional 39 per cent expressed concern that they'll likely have to cut back on their spending more significantly by 2027.

"When I try to imagine my financial future, I foresee a lot of challenges," says 22-year-old university student Sara Whetung. Currently a full-time student studying Indigenous Studies at Trent University in Peterborough, Ont., Whetung cites the lack of job security upon graduation as her biggest concern, with paying off school-related debt, being able to afford to buy a home, and potentially going back to school for a second degree as additional concerns. "As much as I'm currently trying to balance my finances and train myself to keep necessities important and my list of 'wants' low on the priority list, it's a



An important step is the saving process. Take a look at everything you spend money on. ISTOCK

very difficult process," she says.

Not surprisingly, Whetung is not alone. Because Canadians are generally pessimistic about the rising cost of inflation, are under-

whelmed by their salaries, and have limited funds with which to save for retirement, studies are showing that they're also not contributing to RRSPs and invest-

ments as in prior years. In fact, 35 per cent of those surveyed don't contribute at all, while 29 per cent feel indifferent about the process.

"As a financial planner in today's market, it's very common to meet people who feel less than inspired about their financial futures," says Laurell Mohammed, manager of corporate and public affairs for TD Bank Group.

So what's the best way to get into — or return to — the investment game? First things first: Be honest about your goals. "It's the most integral part of the process because you need to understand what you want to do with your money, why these goals are important to you, and what sort of time frame you hope to attain them in," Mohammed says. "Speaking to a financial planner is key because once they understand your dreams for the future, they can more accurately help you develop a plan to help those goals come to fruition."

Next on the agenda: Kicking off the saving process. Take a look at everything — yes, every single thing — you spend money



**It's very common to meet people who feel less than inspired about their financial futures**

Laurell Mohammed, manager of corporate and public affairs for TD Bank Group

on in a month, suggests Mohammed. Then, identify and limit impulse spending, and work to eliminate discretionary items that aren't a necessity.

Finally, once you've committed to the investing process, keep your focus. Mohammed and McConnell agree that saving and staying in the investment mindset is easier when you keep your goal(s) top of mind. "Regardless of how much capital you're able to contribute, the point is to start, and once you've done that, you need to narrow your view on tangible and realistic goals," says Mohammed.

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## MEET THE CONDO



## DISTRICT CONDOMINIUMS

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### Project overview

Located steps away from several major cultural institutions and nightlife venues, District Condominiums have already sold out their first two converted heritage buildings, and just four units are left at 110 James Ave.

### Housing amenities

Each loft at District combines character-rich, original details inherited from the century-old buildings — including exposed brick, timber ceilings and beams, and 10- to 14-foot ceilings — with modern finishes like energy-efficient windows and stainless steel appliances.

### Location and transit

Boasting a Walk Score of 92, District offers residents the chance to live a car-free lifestyle. Work, shopping and entertainment are all in the neighbourhood, and access to 27 transit routes is just a block away.

### In the neighbourhood

Highlights of the East Exchange include PEG Beer Co. for a pint or a brewery tour, Forth for coffee, or Stephen Juba Park for dog walks. The Forks, Royal Manitoba Theatre Centre and Manitoba Museum are all close.

### + NEED TO KNOW

**What:** District Condominiums  
**Builder:** StreetSide Developments  
**Designer:** 701 Architecture  
**Location:** 110 James Ave.  
**Building:** Four-storey heritage building  
**Sizes:** Studio, one and two bedrooms ranging from 628

to 1036 sq. ft.  
**Pricing:** Starting from \$195,900 incl. GST  
**Model:** Studio/one bath, one bedroom/one bath and two bedroom/one bath  
**Status:** Now Selling  
**Occupancy:** Move-in-ready  
**Phone:** 204.219.4659  
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# How to bring hotel chic home



Hotel Henriette features a dramatic modern dining space which has a dark graphic wallpaper from Arte and is one of the stylish spaces featured in *Hotel Chic at Home*. HANDOUT

Q&amp;A

## Author dishes on how the hoteliers do it

Inspired by the interiors of boutique hotels around the world, author Sara Bliss wanted to share easy and affordable tips on how to bring that style home.

In *Hotel Chic at Home* (The Monacelli Press), she tries to capture the transformative power of travel, and that moment in a stylish hotel when you say to yourself, "Why can't my life be more like this every day?"

Bliss, author of seven books, gathers design ideas from innovative small hotels, from Marrakech, Morocco to Palm Springs, Calif., and talks with some of the designers. She has chapters on subjects including foyers, lighting, dramatic walls and floors, and setting the scene with art.

"Even the chicest hotels have the same issues as most homeowners — awkward spaces, cookie-cutter architecture, lacklustre views or dark

rooms," Bliss writes. "The difference is that hoteliers have figured out how to use design to solve those dilemmas — after all, they have to book every room, every night."

### What is it about these hotels that caught your imagination?

Boutique hotels have become incubators for new interior design trends that not only transport visitors to Thailand or Tuscany, but solve familiar design challenges on a budget, while setting an unforgettable mood. It's a magical mix of feeling both transported and at home, and there are plenty of ideas that can easily be adapted at home. One of the things I love about these hotels is that they are pretty fearless in their design choices. We could all get more comfortable with the idea of having confidence in our design choices.

### Is it important to stick to a single theme throughout when planning a design redo at home?

**"We could all get more comfortable with the idea of having confidence in our design choices."**

Sara Bliss

Mixing up inspiration from Africa and France and Morocco is perfectly OK. It's coolest when it's organic and reflects things you love. Big, crazy design ideas are sometimes too fun to talk yourself out of — and they'll always be memorable and meaningful.

### Can you suggest some quick and affordable ways to add glamour to a room?

Cubes painted shiny gold would glam up any room as side tables. And for walls, I love dark colours. So many of the hotels I visited feature a beautiful dark space lit by candlelight in the evenings. If painting an entire room is too much, employing sten-

cils or graphics, even on a single surface, like a wall or ceiling, can have big impact.

### Any suggestions for making garden spaces more inviting?

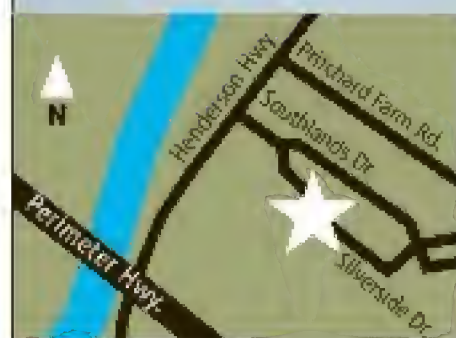
Consider colourful blankets or poufs, and also eye-catching cabanas to create an inviting seating area. And lining up lanterns with tiny candles inside makes everything look magical, especially at night. A row of lanterns along walkways or at entrances, or even along tables as a centerpiece, really sets the mood.

### What about jazzing up powder rooms?

For bathrooms, you always want to have fresh flowers and maybe a votive or two, and fragrant little soaps. A fabulous and unexpected light fixture can instantly transform a bathroom into a memorable space. Consider a crystal chandelier, framed art or velvet curtains. Be brave. Don't be afraid to go for that extra dash of glamour.

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## GET YOUR SHARE OF THE PERFECT LIFESTYLE



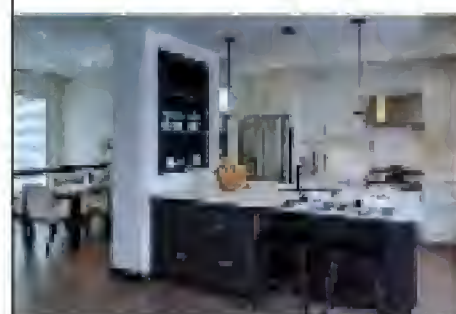
Luxurious bungalows, pristine landscaping and the serene sounds of nature are hallmarks of this stunning community.

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# Get a rebate to make air quality upgrades at home

Adding an advanced heat recovery ventilator (HRV) control to your home's existing HRV system improves air quality, helps avoid humidity issues, and can save money on energy costs, and right now Manitoba Hydro is offering a rebate for homeowners who make the upgrade.

Hydro's Residential Heat Recovery Ventilator Control Program will cover up to \$150 of the costs for customers who have an advanced HRV control professionally installed in their home.

"Today's homes are built more air tight than ever before and have less natural air changes, so HRVs are added to replace stale air with fresh air to improve your home's air quality," says Manitoba Hydro marketing specialist, Ashley Nichol, explaining all newer homes are required to have an HRV system installed. "Upgrading to advanced HRV controls will add more functionality to your existing HRV system and help match your home's ventilation needs to your lifestyle."

The advanced HRV control is wall-mounted, typically right next to the thermostat, and allows homeowners to customize their HRV to their unique ventilation needs, says Nichol.

"You can set it on standby if you are going to be away for an extended period, or run your system on intermittent cycles or adjust the fan speed," he explains. "Because there's a difference in how much ventilation a home needs. For instance, if the unit is set to run continuously, you could be over ventilating and drying out your house, particularly in the cold weather experienced on the prairies. Over ventilation could result in increased heating/cooling costs, and uncomfortably low humidity."

The rebate program is open to all customers whose homes have an HRV installed with basic HRV controls.

To be eligible, homeowners must have a Manitoba Hydro account and be the owner of the home where the new controller is



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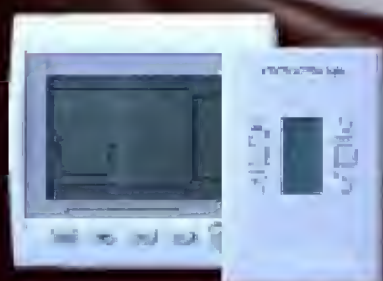
installed. The installation must be done by a furnace contractor who will apply the rebate directly to your invoice.

As well as improving air quality and humidity levels in your home, Nichol says

adding an advanced HRV control can save up to \$46 annually on your energy bill.

Go to [hydro.mb.ca/powersmart](http://hydro.mb.ca/powersmart) for more information on Hydro's Residential Heat Recovery Ventilator Control Program.

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For more information on HRVs visit [hydro.mb.ca/powersmart](http://hydro.mb.ca/powersmart)

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# Record, expansion draft to decide Jets GM's moves

## VIEW FROM THE 300S

**Andrew 'Hustler' Paterson**



There is little doubt the Winnipeg Jets are in desperation mode right now, urgently needing to put together a string of wins to boost their chances of barging into one of the two wild-card playoff spots in the NHL's Western Conference.

The odds are long considering the Jets are one of the teams who have played more games than the teams they are chasing in the playoff race. But right now the Jets can only concentrate on winning the next one and try to finally get on a winning streak which will at minimum allow them to play meaningful games down the stretch.

The Jets have 10 games coming up in February before the players' bye week. These games will not only determine if we can even be talking about the possibility of playoffs this season, but also will be crucial in relation to GM Kevin Cheveldayoff's decisions at the March 1 trade

deadline.

If the Jets are essentially out of the race at the end of the month, Cheveldayoff will have many potential trade partners at the deadline as so many teams will almost certainly be right in the mix of the muddled playoff picture. What will be very intriguing is how the upcoming expansion draft affects the trade market at the deadline.

The Jets are unlikely to consider moving any of their top players up front considering the youth and contract statuses of most of the forwards. Drew Stafford is on the final year of his contract and will probably be available in that situation, but the most interesting decision for the GM will be in regards to his defence.

Cheveldayoff will have a very tough decision to make in regards to the Vegas expansion draft on the blue line. If the Jets protect four defencemen, they can only protect four forwards, while only protecting three defencemen would allow them to protect seven forwards. The team must protect Dustin Byfuglien and Toby Enstrom due to their contracts and

**3**

**The Jets will look to push their winning streak to three games when they play in Dallas Thursday.**



**Tyler Myers could be expendable at the trade deadline should the Jets become sellers.**

CLAUS ANDERSEN/GETTY IMAGES

will certainly protect Jacob Trouba. Josh Morrissey is exempt from the expansion draft as a second-year pro.

Where this leaves Tyler Myers, who hasn't played since early November, is anyone's guess. In his absence, Morrissey has blossomed into a reliable top-four blueliner, potentially making Myers expendable considering the

expansion draft scenario. Myers is a big mobile defence-man on a very nice contract. There would certainly be interest in Myers and moving him would allow the Jets to protect three more players up front.

Considering Myers' extended absence from the lineup it may be more likely that any potential trade hap-

pens after the season and before the expansion draft, but Cheveldayoff will certainly have options at the deadline.

The Jets have the opportunity in the next 10 games to improve their standing and make their GM's job a little tougher at the deadline. Only an extended winning streak this month will get the job done.

**NHL**

## Hitchcock fired by Blues

The Blues abruptly fired coach Ken Hitchcock on Wednesday, cutting short the veteran's final season in St. Louis and putting coach-in-waiting Mike Yeo in charge of the underperforming team months earlier than planned.

General manager Doug Armstrong announced the change one day after the Blues' fifth loss in six games.

"We don't lose with pride," an emotional Armstrong said at a news conference.

"I don't think that we've given our best effort, and, Ken, ultimately he's paying the price with all our failures, starting with mine."

The 65-year-old Hitchcock was in his sixth season as Blues coach. They went 248-124-41 and made the playoffs in each of his five seasons, reaching the Western Conference final last spring. But St. Louis went just 5-8 in January and at 24-21-5 was mired in eighth place in the Western Conference entering the day.

THE ASSOCIATED PRESS

**“**

**He was defiant to the end. There was no kumbaya last night. He was angry.**

Doug Armstrong said Ken Hitchcock didn't take the news of his firing well

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# Sam understands Patriots' success

## SUPER BOWL

### Ex-player says Brady, Belichick have next-level drive

They're pro football's dynamic duo, the crusty head coach and ageless quarterback, chasing yet another Super Bowl title.

But former Patriots receiver P.K. Sam believes it's a burning desire to constantly prove themselves that sets New England's Bill Belichick and Tom Brady above the rest in the NFL.

"It's a rare case of two people being on the same page," Sam, also a former CFL player, said via telephone. "They both had a lot to prove and I think they just came together and said, 'No matter what, we're going to do this.'"

"It's something I don't think we'll see again in our lifetime."

Belichick became New England's head coach in 2000, five

years after being fired by the Cleveland Browns. Brady, now 39, arrived months later as a sixth-round draft pick despite a 20-5 record as a two-year starter at Michigan. They'll make a record seventh Super Bowl appearance together Sunday when New England faces the Atlanta Falcons. A win would be their fifth, the most for a head coach-quarterback tandem.

The six-foot-three, 210-pound Sam knows a thing or two about Belichick and Brady. The former Florida State receiver was a 2004 fifth-round pick by New England and spent two seasons there, receiving a Super Bowl ring as a 21-year-old rookie. Since '01, New England has the NFL's most regular-season (196), playoff (24) and Super Bowl wins (four). Belichick and Brady have been a constant for a franchise forever tweaking its roster.

Sam, 33, appeared in two of New England's first five games in 2004 before going on injured reserve with a groin injury. Sam



Tom Brady and Bill Belichick continue to make history as a QB-head coach tandem in New England. GILLIE WEISS/GETTY IMAGES

said he locked horns with Belichick about the move because it cost him roughly \$70,000 US in salary and Sam felt he could've returned later that season.

Sam went to the reserve/suspended list in January 2005 after violating team rules. He wasn't with the Patriots when they beat the Philadelphia Eagles 24-21 in Super Bowl XXXIX.

"What people don't know was back in my day if you were drafted after the third round, you had what was called a split contract," said Sam, now working in IT sales in Dayton, Ohio. "If you went on IR, your contract was split in half. 'It was a case of me standing my ground and obviously he stood his. But I took it too far, I made a mistake

and showed up late one day and that was kind of the final straw."

Sam also played for Cincinnati, Oakland, Miami and Buffalo as well as Toronto (2008-09, 2011) and Calgary (2010) in the CFL. He remained upset about the New England suspension until 2012 when while listening to a radio program he heard someone say, "Until you wish success for people, you yourself will never receive it."

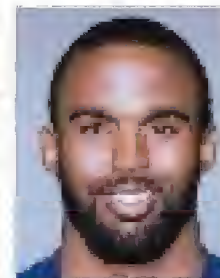
That prompted Sam to write an apology to Belichick, stating he hoped one day they could meet and shake hands. That happened months later at the Super Bowl in Indianapolis where the Patriots lost 21-17 to the New York Giants.

Sam wrote Belichick again last

week but his letter was aimed at Patriots players.

**“It's a rare case of two people being on the same page.”**

P.K. Sam on Brady and Belichick.



P.K. Sam  
GETTY IMAGES FILE

"I'm not sure he'll have time to read it to them," Sam said. "It's to the younger guys."

"It doesn't matter if you're on IR or the practice squad, you're still part

of the team and your actions can help or hurt the team going into Super Bowl Sunday."

Time has given Sam a new perspective on Belichick's tough-love approach.

"It's difficult when you're young but as an older guy now what he teaches you lasts beyond football," Sam said. "Accountability and the slogan that's become famous and attached to his name: 'just do your job.' That's life."

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## PRO FOOTBALL HALL OF FAME

### Concussion talk haunts Tagliabue

Former NFL Commissioner Paul Tagliabue is apologizing for remarks he made decades ago about concussions in football.

In an interview with the Talk of Fame Network that aired in the U.S. Wednesday night, Tagliabue admitted he erred in 1994 in saying concussions were "one of those pack-journalism issues." He also claimed then that the number of concussions "is relatively small; the problem is the journalist issue."

Up for election to the Pro

Football Hall of Fame, Tagliabue spoke out about a major blemish on his 17-year tenure.

"Obviously," he said, "I do regret those remarks. Looking back, it was not sensible language to use to express my thoughts at the time. My language was intemperate, and it led to serious misunderstanding. I overreacted on issues which we were already working on. But that doesn't excuse the overreaction and intemperate language."

THE ASSOCIATED PRESS

## IN BRIEF

### Watt ready to take on world

J.J. Watt is healthy after missing most of the season following back surgery, and the Houston Texans star is eager to show that he can be even better than he was before.

"Just to know that there's new levels to reach that I haven't even reached yet is exciting, and I think that's one of the biggest things for me is knowing that," he said Wednesday. "If I'm not trying to be the best player ever then I'm doing everyone a disservice." THE ASSOCIATED PRESS

### Royals formalize Moss deal

The Royals announced their \$12 million, two-year contract with first baseman and outfielder Brandon Moss on Wednesday, a deal that includes a mutual option for 2019.

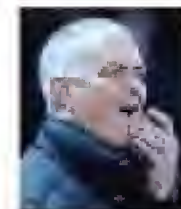
The 33-year-old is likely to fill the designated hitter spot vacated by Kendrys Morales, who became a free agent and signed with the Blue Jays. He hit .225 in 128 games with the Cardinals last season, but he also had 28 homers and 67 RBIs. THE ASSOCIATED PRESS

## PREMIER LEAGUE

### Man United held to draw again by Hull

Manchester United missed a chance to gain some ground on its rivals for Champions League qualification by drawing 0-0 at home to relegation-threatened Hull on Wednesday, the latest setback for Jose Mourinho's side in the Premier League.

It was a third straight league draw for United, which dominated at Old Trafford but failed to break through because of a mixture of poor finishing and inspired goalkeeping by Eldin Jakupovic.



Jose  
Mourinho  
GETTY IMAGES

The top four — Chelsea, Tottenham, Arsenal and Liverpool — all dropped points on Tuesday but United couldn't take advantage against a team that started the game in last place. United are still sixth, four off fourth-place Liverpool and 14 points behind leader Chelsea.

THE ASSOCIATED PRESS



MAKE IT TONIGHT

# Budget-friendly Spiced Flank Steak with Chimichurri Sauce



PHOTO: NAYLA WISNET

**Ceri Marsh & Laura Keogh**  
For Metro Canada

- 2 tsp lime juice
- 1 Tbsp white wine vinegar
- 1 tsp anchovy paste
- 1/2 tsp salt
- 1/8 tsp pepper

This recipe features inexpensive flank steak with an herb sauce that packs five-star flavour.

**Ready in 25 minutes**

Prep time: 10 minutes  
Cook time: 15 minutes  
Serves 4 to 6

**Ingredients**

- 1 beef flank steak (900 kg)
- 1/2 tsp salt
- 1/2 tsp coriander
- 1/2 tsp cumin
- 1/4 tsp oregano
- 1/4 tsp pepper
- For the Chimichurri**
- 1/2 cup packed fresh basil
- 1/2 cup packed fresh flat-leaf parsley
- 1/2 cup packed fresh cilantro
- 1/4 cup extra-virgin olive oil
- 1 clove garlic, roughly chopped

**Directions**

1. For chimichurri: Place all chimichurri ingredients in blender. Process, shaking blender if necessary, until smooth. Pour into a serving bowl.
2. For steak: Preheat broiler. Coat a broil pan with cooking spray. Combine salt, coriander, cumin and oregano and pepper, and sprinkle over both sides of steak. Place steak on pan and broil 4 minutes per side. Transfer to a cutting board and allow to rest 5 minutes. Cut against grain into 1/4-inch wide strips. Serve with chimichurri spooned on top and a fresh greens and sliced cherry tomatoes.

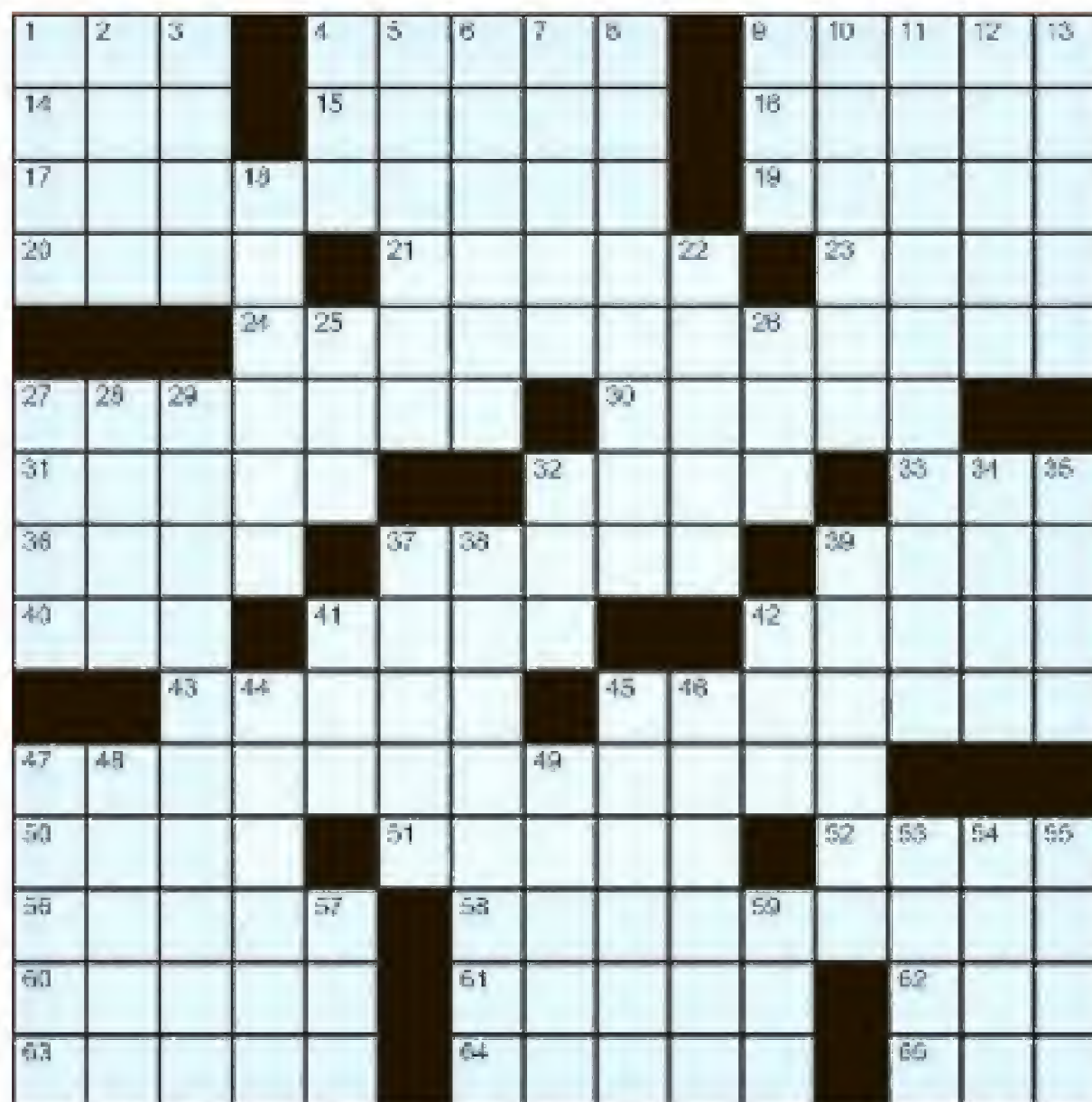
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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

**ACROSS**

1. Implore
4. Rice/sea-weed roll
9. Charming spots to sit and sip, such as in Old Montreal
14. Madonna movie role
15. 19th-century composer Mr. Bruckner
16. Toward the stern
17. Sleeping time in the army: 2 wds.
19. Montcalm's 1759 Battle of Quebec opponent
20. To boot
21. Seven-plus-One
23. "Sole Survivor" band
24. Town in southern Alberta about an hour west of Lethbridge: 2 wds.
27. Conquers
30. Chirpers
31. \_ squash
32. Restaurant chain, with Bell
33. Strong little boat
36. " \_ the Boss?"
37. Give a guess
39. Destiny
40. Negative word
41. Crooked
42. Fable's lesson
43. Bobby Hull's son
45. Detectives
47. Village in western Saskatchewan, sounds like a perfect place from the name: 2 wds.
50. Opposin'
51. Prometheus,



for one  
52. Montreal's world fair in '67  
56. Hostel  
58. Secretly listen in on  
60. Georgia who played Georgette on "The Mary Tyler Moore Show"

61. Put into heard words  
62. Appropriate  
63. Open court hearings  
64. Mr. Towel  
65. Go-ahead-er's answer

**DOWN**

1. "Dracula" (1931) name  
2. Downright nasty  
3. Practical jokes  
4. Idled  
5. Like a letter that never went into the mailbox  
6. Ancient Greece: Followers of Zeno

of Citium  
7. Dancer/actress/singer Julianne  
8. A sure thing: 3 wds.  
9. Cornfield cry  
10. "All \_" (Call from the train)  
11. Runner's mistake on the track: 2 wds.

12. \_ White, Jennifer Hudson's Oscar-winning role in "Dreamgirls" (2006)  
13. Montreal \_ Spice (Seasoning sort)  
18. Dreamers  
22. In the blink of an eye  
25. Mr. Somerhalder  
26. \_-Magnon man  
27. Aurora  
28. Reverberate  
29. Overpass for pedestrians  
32. Famed tomb king, commonly  
34. Beehive State  
35. Hair salon goes  
37. Comprehend: 2 wds.  
38. Most fidgety  
39. Broke a sports rule  
41. \_ & Breakfast  
42. "Alice" diner operator  
44. New York \_ Mark Messier, once  
45. Electric \_ (Beard trimmer)  
46. \_ algebra  
47. The \_ Diet ('Cave-man' diet)  
48. Suffering  
49. Stage, as of a cycling event, in France  
53. Hospital photo  
54. Vatican bigwig  
55. Chooses  
57. "Desperate Housewives" cast member ...her initials-sharers  
59. Sun's spot

## ★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Your enthusiasm for something will make bosses and parents sit up and listen. Just make sure your ideas are doable and realistic. Nevertheless, enthusiasm is contagious!

**Taurus** April 21 - May 21  
You're excited about big travel plans, because you want to go places! You also enjoy studying lofty topics and having profound discussions about philosophy, religion and politics.

**Gemini** May 22 - June 21  
If you have to decide how to divide an inheritance or share something today, you will be more than generous. This is why you must be sure to take care of your own best interests.

**Cancer** June 22 - July 23  
Conversations with partners and close friends are upbeat and friendly today. You're in the mood to schmooze and have fun!

**Leo** July 24 - Aug. 23  
You have great ideas at work today because you are enthusiastic about something. You will find it easy to get others to climb on board and endorse what you want to do. Work-related travel is likely.

**Virgo** Aug. 24 - Sept. 23  
This is a playful, fun-loving day! Make plans to socialize with others. Enjoy sports events, fun activities with children and romantic get-togethers. Have fun!

**Libra** Sept. 24 - Oct. 23  
You have big plans today about future repairs for where you live. However, this also is a great day to have the gang over for good food and drink.

**Scorpio** Oct. 24 - Nov. 22  
You are optimistic today. You're pondering big ideas and big projects. This is all well and good, but just make sure that what you want to do is doable.

**Sagittarius** Nov. 23 - Dec. 21  
This is a great day for business and commerce. Whatever you do today could possibly boost your income, because you have moneymaking ideas.

**Capricorn** Dec. 22 - Jan. 20  
Today Mercury is in your sign, dancing with lucky moneybags Jupiter. This makes you full of big ideas. Others will be attracted to your enthusiasm and positive frame of mind.

**Aquarius** Jan. 21 - Feb. 19  
This is a pleasant day! Whatever you do, you will feel confident about the future and your upcoming plans. You value your privacy today.

**Pisces** Feb. 20 - March 20  
This is a great day to hang out with younger people and have fun. You will enjoy interacting with clubs, groups and associations. You feel positive about your future goals.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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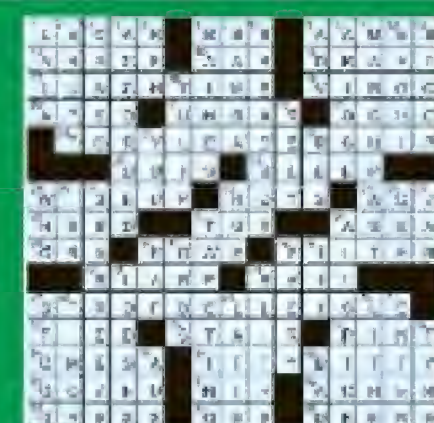
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## YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to  
[metronews.ca/games](http://metronews.ca/games)



1	6	3	7	9	4	8	2	5
4	9	7	8	5	2	3	1	6
5	8	2	1	3	6	7	9	4
6	5	1	3	7	8	9	4	2
7	9	4	5	2	9	1	6	8
8	2	9	4	6	1	5	3	7
2	7	6	9	8	3	4	5	1
9	1	8	6	4	5	2	7	3
3	4	5	2	1	7	6	8	9



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